

PCOS {The Hidden Epidemic}

OBESEITY, EXCESSIVE HAIR GROWTH, SKIN PROBLEM, MENSTRUAL IRREGULARITY EACH A BAFFLING CONDITION, OFTEN HAVE SINGLE ORIGIN ---PCOS.

DESPITE CRITICAL LONG TERM HEALTH CONSEQUENCES, PCOS IS OFTEN UNRECOGNIZED SYNDROME.

THE MOST COMMON HARMONAL PROBLEM AMONG WOMEN OF REPRODUCTIVE AGE.

***Required**

Email address *

Your email address

NAME *

Your answer

PHONE NUMBER *

Your answer

1 The diagnostic criteria for PCOS by Androgen Excess - PCOS Society 2009 does not include. *

1. Excess androgen activity
- 2 Oligo ovulation / Anovulation
3. PCO pattern in USG
- 4 Obesity

2. Incidence of insulin resistance is seen in. *

1. All PCO women
2. 50- 70 % of PCO women

3. 30 - 40 % of PCO women

4. 20 - 30 % of PCO women

3. Which of these is not a long term risk of untreated PCOS. *

1. Type II DM

2. Endometrial hyperplasia / cancer

3. Ovarian Cancer

4. Sleep apnoea

5. Anxiety n Depression

4. The etiological basis of PCOS is *

1. Genetic or familial factors

2. Environmental Factors

3. Both of above

4. None of above

5. The Ferriman Gallwey score is for assessing the severity of *

1. Hirsutism

2. Acne

3. Alopecia

4. All of above

6. USG Criteria for diagnosis of PCOS is *

1. 9-12 follicles in each ovary

2. 6-9 follicles in each ovary

3. 10 follicles in each ovary

4. 12 follicles in one or both ovaries.

7. Which of the statement is not true *

1. Metformin should only be used in cases with PCOD complicated by impaired GTT.

2. Metformin should be given in all cases of PCOD.

3. Metformin can be added with Clomiphene Citrate in CC resistant cases with visceral obesity to improve fertility outcome.

4. In CC resistant cases if Metformin is added it decreases the complication rate like OHSS if ovulation induction is given with gonadotrophins.

8. First line agent for ovulation induction in PCOS as per guidelines of 2018. *

1. Clomiphene Citrate.

2. Letrozole.

3. Gonadotrophins.

4. Lap ovarian drilling.

9. Which of these is not a common complaint with use of COCs for the treatment of PCOD. *

1. Hypertension.

2. Weight gain.

3. Hirsutism.

4. Acne.

10. Hamari adhuri Kahani goes for all except *

1. Amitabh - Rekha

2. Salman - Aishwarya

3. Dharam - Hema

4. Akshya - Raveena

5. none of the above

11. Find the odd one out. *

1. K P Singh - DLF

2. Sunita Narayan - CSE

3. Bipin Rawat - CDS

4. Arnab- D

answers key

Q1

4 Obesity

Q2

2. 50- 70 % of PCO women

Q3

3. Ovarian Cancer

Q4

3.Both of above

Q5

1. Hirsutism

Q6

4. 12 follicles in one or both ovaries.

Q7

2.Metformin should be given in all cases of PCOD.

Q8

2. Letrozole.

Q9

3. Hirsutism.

Q10

3.Dharam - Hema

Q11

4. Arnab- D